

Capstone project

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Being a athlete

- An athlete is a person who competes in one or more sports that involve physical strength, speed or endurance.



About my capstone project

- For my Capstone i will be doing a podcast with athletes and coaches (mostly baseball players) and i will get entail on what it takes to be a successful athlete. I will be asking questions to them about what it takes being a good athlete and get information about how they handled being a athlete on and off the field.

Connects to SLA core values

- In my capstone project they have a connection to the SLA core values.
- In the project i ask about what it takes to be a successful baseball player.
- Collaboration is from who i interview and telling me information about them.
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